

SIR ROBERT GEFFERY'S SCHOOL – NEWSLETTER

13 November 2017 – Number 652

CLUBS

No Netball club this week.

Clubs will be running until **8 December** with the exception of Homework club which will be running until the last day of term.

THIS WEEK:

Mon 13 Nov Orienteering - Brunel
Thu 16 Nov Flu vaccinations (R,1,2,3,4)
SW Parliament – Plymouth Uni
Fri 17 Nov Children in Need – Get Spotty!



Children in Need – Friday 17 November

We will be having spotty mufti and a cake sale on this day to raise money for Children in Need. Come dressed in spotty clothes if you have them, but you can always stick colourful sticky dots on your clothes or paint your face with spots if not!



Thank you

Thank you to all who attended the Remembrance Service at St Michael's Church on Sunday; the school was very well represented.



Friend's AGM

Thank you to all who have pledged their support already and for those who came to the AGM and volunteered to be involved on the committee this year.

We are looking to have a play pod installed for use at lunchtime. Several schools in Plymouth have had these for several years and they encourage creativity and activity at lunchtime. More details later but feel free to explore the website. www.playpod.co.uk

I am hoping as this will be used by all pupils that the friends will help with these up-front costs. It is more expensive initially due to the extensive training and support as well as the shed and equipment. We will need your help.

The AGM reports showed that teas and raffles at Christmas raised over £600, the Landrake Run a similar amount and the Gala night nearly a £1000.

I would like every family to sign up to help with one event, e.g. Sell sweets at the disco, help supervise a film night, serve teas at a play, etc. This way, all the children benefit and nobody has to do everything. We will be formulating a list of events and as dates are set months in advance. We hope you will pop your name, number and email on the list in the office in a similar way to the farm rota.

Friends of SRG

If you are able to help out at any Friends events, either manning a stall or selling refreshments, please let the office know so that we can sign you up.

Self Portrait Tea Towels

There is a pre-order slip on the back page of this newsletter for the ordering of these, please complete and return with the correct payment, to the office ASAP.

Thank you.

Home Learning Exhibition

This was great and we have received really positive feedback from so many. We will be sending out a topic sheet in a similar way each term and offer a similar exhibition. The children were not only proud of their learning but also of others. The pictures, models, paintings, food alongside the research and written pieces reflected how much learning had taken place.

Christmas Card Orders

The orders need to be returned to school with the correct money in an envelope by Friday 17 November.

Driving around the village

Please could you be aware of the locals, horses and elderly people that walk through the village and drive safely and slowly. Thank you.

Pork Sale – Thursday 30 November

The pork sale will now be taking place on Thursday 30 November after school, 3.30 – 4.45pm. There will be various cuts of meat available including leek and pork sausages, honey roasted and plain sausages. Please place your order with the office if you would like something specific.

Sporting News

Netball Success

Congratulations to Emily A, Isaac B, Sophia C, Hannah D, Apryl I, Tamika K and Alice R who represented us at the netball competition and won all their matches. Miss Appleby has to also be congratulated for preparing another strong team this year.

Coming Up

This week we have four teams going to orienteering and the week after teams entered for a Gym competition.

Cross Country Club News

Twenty four runners from the cross country club took part in the second race of the 2017/18 cross country league, which was held at Lanhydrock Grounds near Bodmin. The children all ran well and here are their results:

Yr 3/4 Girls: Merryn B (16) Ruby F (25) Seren W (44) Shiloh S (80) Olivia T (97) Hazel S (98)

Yrs 3/4 Boys: Hayden W (8) Tom H (10) Joel T (16) Tom R (36) Oskar D (53) Mackenzie P (63)

Yrs 5/6 Girls: Emily A (19) Abbie C (22) Lily C (32) Apryl I (44) Alice R (52) Rachael S (61)

Yrs 5/6 Boys: Isaac B (41) Euan L (42) Owen G (62) Johan C (75) Harry A (77) Jamie H (80)

Thank you to the parents who came along to support their child with their running.

Cornish 1 Mile Fun Run

Sunday November 19th at 11.00am

This One Mile Fun Run is organised by East Cornwall Harriers running club and takes place at Pensilva (starts at the Millennium Centre).

There are prizes in the under 7s/under 9s/under 11s/under 13s/under 15s and over 15s categories for both boys and girls44

If you would like an application form, please ask in the school office.

Come on Landrake Runners – let's enter!

Christmas Play Tickets

Once again, we are going to use our new booking site for booking your seats for the Christmas Plays – www.schoolinterviews.co.uk

KS1 Performances are:

Monday 11th December at 9.15am

Tuesday 12th December at 1.45pm

Wednesday 13th December at 5.45pm



Password to book KS1 tickets is j5a38

KS2 Performances are:

Tuesday 12th December at 9.15am

Wednesday 13th December at 1.30pm

Thursday 14th December at 5.45pm

Password to book KS2 tickets is 86f9r

Please note that due to limited space in the school hall and for health and safety, it is necessary to restrict tickets to a maximum of 2 tickets per family for the evening performance. Morning and afternoon performances have greater availability.

No children under the age of 11 will be admitted to the evening performance to help keep numbers under control. They will see their siblings perform during school time.

Toys/Trading Cards/Toy Cars

Please be reminded that the above are not to be brought in to school. They will be confiscated if found and taken to the office, where they can be collected after school and taken home.

London/Barton Hall Residential Trips

Please be aware that the next payment due date is the end of December – we will need to have received at least £100 towards the trips by then.

Date for your diary - LANDRAKE RUN FRIDAY 16th MARCH 2018 1.30pm

Please put this date in your diary to come along and help on the day either with marshalling, car parking or serving refreshments to the spectators and the children.

We are expecting up to 600 children running from schools across South East Cornwall.

Proverbs 2:6
The Lord gives wisdom

Attention deficit hyperactivity disorder

The symptoms of attention deficit hyperactivity disorder (ADHD) can be categorised into two sets of behavioural problems.

These categories are:

- inattentiveness
- hyperactivity and impulsiveness

Most people with ADHD have problems that fall into both these categories, but this is not always the case.

For example, some people with the condition may have problems with inattentiveness, but not with hyperactivity or impulsiveness. This form of ADHD is also known as attention deficit disorder (ADD), and it can sometimes go unnoticed because the symptoms may be less obvious.

Symptoms in children and teenagers

The symptoms of ADHD in children and teenagers are well defined, and they are usually noticeable before the age of six. They occur in more than one situation, such as at home and at school.

The main signs of each behavioural problem are detailed below.

Inattentiveness

The main signs of inattentiveness are:

- having a short attention span and being easily distracted
- making careless mistakes – for example, in schoolwork
- appearing forgetful or losing things
- being unable to stick at tasks that are tedious or time-consuming
- appearing to be unable to listen to or carry out instructions
- constantly changing activity or task
- having difficulty organising tasks

Hyperactivity and impulsiveness

The main signs of hyperactivity and impulsiveness are:

- being unable to sit still, especially in calm or quiet surroundings
- constantly fidgeting
- being unable to concentrate on tasks
- excessive physical movement
- excessive talking
- being unable to wait their turn
- acting without thinking
- interrupting conversations
- little or no sense of danger

These symptoms can cause significant problems in a child's life, such as underachievement at

school, poor social interaction with other children and adults, and problems with discipline.

Getting help

Many children go through phases where they are restless or inattentive. This is often completely normal and does not necessarily mean they have ADHD.

However, you should consider raising your concerns with your child's teacher, their school's special educational needs co-ordinator (SENCO) or your GP, if you think your child's behaviour may be different to most children their age.

Diagnosis in children and teenagers

Diagnosing ADHD in children depends on a set of strict criteria. To be diagnosed with ADHD, your child must have six or more symptoms of inattentiveness, or six or more symptoms of hyperactivity and impulsiveness.

To be diagnosed with ADHD, your child must also have:

- been displaying symptoms continuously for at least six months
- started to show symptoms before the age of 12
- been showing symptoms in at least two different settings – for example, at home and at school, to rule out the possibility that the behaviour is just a reaction to certain teachers or parental control
- symptoms that make their lives considerably more difficult on a social, academic or occupational level
- symptoms that are not just part of a developmental disorder or difficult phase, and are not better accounted for by another condition

School Photos

Class Photography collected all photograph orders on Friday morning – if you would still like to order some (we will return those that we received in the office today) you are able to do so online, using the details on the order form.

Solar Meter Reading this week: 61,085 kWh



Handwriting

During observations, we have seen several children holding pencils in a way that can prevent fluency; some are also incorrectly forming letters. To help we have purchased some pencils that will encourage children to hold pencils correctly. They have indentations on the pencil and even when sharpened will keep these. These will be used in foundation and year one and will be available for some in other classes. They are more expensive due to the cost of producing, but I have seen them having a great impact in other schools. We also have pencil grips.

Pens and fountain pens will be awarded in the next few weeks as we have seen a rapid improvement in fluency. For those who have a physical difficulty, we have purchased specific pens to help them also be successful.

Both types of pen and pencil are available for right and left handed children.

We will order some that you can purchase at cost to support your child at home if you so wish. Pencils £1 Pens £4.50

Remember children have access to letter join at home as well.

Collaboration and sharing practice

Over the past weeks we have had the opportunity to make visits to other schools. I have been privileged to observe learning at St Stephen's and look forward to visiting Burraton later this week. Mrs Hawkings has been to St Stephen's and Burraton and will host teachers for a return visit at SRG tomorrow. Mrs Cunningham and Mr Crudge have been to St Stephen's and their teachers from years 5 and 6 visited last week.

We have also visited and hosted teachers from St Mellion and St Dominic over the past few months. It is always a privilege to watch children learn and see common practice and reflect upon different approaches. This form of professional development is often difficult to facilitate but very effective so we are pleased to have a strong working relationship with other good schools.

Last week I led a maths work shop for children from all three schools and in a few weeks' time Mrs Cunningham will lead a reading one for year six pupils. Having the minibus again helps us extend the learning.

DATES FOR YOUR DIARY:

THIS WEEK:

Mon 13 Nov Orienteering - Brunel
Thu 16 Nov Flu vaccinations (R,1,2,3,4)
SW Parliament – Plymouth Uni
Fri 17 Nov Children in Need – Get Spotty!

NEXT WEEK:

Mon 20 Nov KS2 (Yrs 3/4) Gym Competition
Thu 23 Nov Cake Sale in aid of Hillside School
Tue 28 Nov Authors Abroad
Wed 29 Nov Bikeability Yr 3/4
Swimming Gala
Thu 30 Nov Grass Track Cycling
Tue 5 Dec Hi-5 Netball League (3.30-5pm)
Wed 6 Dec Stage Club Show
Fri 8 Dec Maths Masterclass
11-14 Dec Christmas Plays
11-15 Dec Booster Swimming Lessons
Thu 14 Dec Christmas Lunch
Fri 15 Dec Yr 1 Hearing Screening
Tue 19 Dec KS1 Theatre trip
Wed 20 Dec 09.15 Christingle in the hall
13.00: Christingle in the Church
Last day of Term

GRAB YOUR TEA TOWELS WHILST YOU CAN!

The children have created our wonderful School Self Portrait Tea Towel and we are currently eagerly awaiting delivery! We have a limited number available which will be sold on a first come first served basis. We are giving you the opportunity to pre-order to avoid disappointment.

Please return this order form with payment in an envelope marked tea towels and your child's name to the school office.

Name: Year

No. of tea towels required @ £4 each (please tick):

1: £4.00 2: £8.00 3: £12.00 4: £16.00 5: £20.00 Other amount:

Payment by cash (exact change as no change can be given) or cheque made payable to Friends of Sir Robert Geffery's School.